

# J. Park

WORLD TAE KWON DO & HAPKIDO CENTER, INC.  
AFTER SCHOOL KARATE PROGRAM, INC.

www.AfterSchoolKarate.com

www.KidSafe911.com

## February 2010

- ♦ EVERY SUNDAY - Training by invitation only. Pro-Fighters Only
- ♦ Feb. 14 - Free Valentines Day work out for ALL MOMS!!! 12:00
- ♦ Feb 17 - TEST REVIEW—Testing students only. 6:00
- ♦ Feb. 19 - Testing 6:00 p.m.
- ♦ Feb. 24 - Belt Ceremony & Parent Appreciation

### REFERRAL REWARDS PROGRAM

SIGN UP A FRIEND FOR AFTER SCHOOL KARATE AND GET A \$50 GIFT CERTIFICATE!



### REMINDER: Every Wednesday is Early Release Day.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1st 6:00-6:45 Child BEG 6:45-7:30 Child ADV 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA	2nd 6:00-6:45 Child ADV 6:45-7:30 Child BEG 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA BEGINNERS	3rd 11:30-12:30 OMEGA MMA BEGINNERS 6:00-6:45 BBC SPAR 6:45-7:45 OMEGA MMA	4th 6:00-6:45 Child BEG 6:45-7:30 Child ADV 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA	5th 5:15-6:00 BBC WEAP (bo staff / nunchukas) 6:00-6:45 Child ADV 6:45-7:30 Child BEG 7:30-8:15 OMEGA CUR	6th 10:00-11:00 OMEGA BEG 11:00-11:45 BBC weapons
7th PRO FIGHTERS By invitation only	8 6:00-6:45 Child BEG 6:45-7:30 Child ADV 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA	9 6:00-6:45 Child ADV 6:45-7:30 Child BEG 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA BEGINNERS	10 11:30-12:30 OMEGA MMA BEGINNERS 6:00-6:45 BBC SPAR 6:45-7:45 OMEGA MMA	11 6:00-6:45 Child BEG 6:45-7:30 Child ADV 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA	12 5:15-6:00 BBC WEAP (bo staff / nunchukas) 6:00-6:45 Child ADV 6:45-7:30 Child BEG 7:30-8:15 OMEGA CUR	13 10:00-11:00 OMEGA BEG 11:00-11:45 BBC SPARRING
14 12:00 - 1:00 ALL MOMS WELCOME FOR A FREE VALENTINES DAY WORK OUT!!!	15 ASK 7:45—6:00 pm 6:00-6:45 Child BEG 6:45-7:30 Child ADV 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA	16 6:00-6:45 Child ADV 6:45-7:30 Child BEG 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA BEGINNERS	17 11:30-12:30 OMEGA MMA BEGINNERS 6:00-6:45 TEST REVIEW 6:45-7:45 OMEGA MMA	18 6:00-6:45 Child BEG 6:45-7:30 Child ADV 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA	19 <b>TESTING 6 pm</b>	20 <b>CLOSED</b>
21 PRO FIGHTERS By invitation only	22 6:00-6:45 Child BEG 6:45-7:30 Child ADV 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA	123 6:00-6:45 Child ADV 6:45-7:30 Child BEG 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA BEGINNERS	24 11:30-12:30 OMEGA MMA BEGINNERS <b>Belt Ceremony &amp; Parent Appreciation 6:00 - 8:00</b>	25 6:00-6:45 Child BEG 6:45-7:30 Child ADV 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA	26 <b>ASK ONLY No night classes RFC Championships</b>	27 10:00-11:00 OMEGA BEG 11:00-11:45 BBC SPARRING
28 PRO FIGHTERS By invitation only	March 1st 6:00-6:45 Child BEG 6:45-7:30 Child ADV 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA	March 2nd 6:00-6:45 Child ADV 6:45-7:30 Child BEG 7:30-8:15 OMEGA CUR 8:15-9:30 OMEGA MMA BEGINNERS				

Child = 12 and Under  
Child BEG = White, Yellow, Orange, Green  
Child ADV = Purple, Blue, Red, Black

OMEGA MMA = Mixed Martial Arts  
OMEGA BEG = Mixed Martial Arts Beginners  
OMEGA CUR = Curriculum Based Classes

BBC Program—BBC members must have chest protector and headgear (mandatory); and bo staff and nunchukas.  
BBC SPAR = Sparring

26246 US 19 North, Clearwater, FL 33761 • (727) 796-SAFE (7233)